

POLICE

Nottinghamshire Police - 101 (Ext: 8174094) - Sexual Exploitation Unit

If you think a crime is being committed, call the Police on 999
Crimestoppers - 0800 555 111

COUNSELLING SERVICES

Base 51 @ NGY My Place Centre, Castle Gate, Nottingham
0115 704 3114

Nottingham Rape Crisis Counselling Line - 0115 941 0440

Rape Crisis Helpline and counselling for female survivors of rape and sexual abuse.

Helpline open:

Mon and Tues: 2pm – 8pm

Thurs, Fri, Sat: 10am -1pm



CHILD SEXUAL EXPLOITATION

Sexual Exploitation can happen to any young person, (boys and girls) and it's never their fault.

**IF YOU DON'T KNOW WHO TO
TURN TO, HERE ARE SOME
ORGANISATIONS THAT
CAN HELP.**



SERVICES

NSPCC Protect and Respect Service - 0115 960 5481

A service for young people aged 11 - 19 in Nottingham City who have been, or are at risk of being sexually-exploited.

ChildLine - 0800 1111 – (calls free on mobiles)

A free and confidential 24/7 helpline for young people up to the age of 19, which won't show up on your phone bill.

Register on the ChildLine website www.childline.org.uk for e-mail & on-line 1-2-1 chat.

CEOP (Child Exploitation & On-line Protection Centre)

www.thinkuknow.co.uk

A web site that addresses on-line safety and a way for young people to report concerns.

The Blast Project Sexual Exploitation National Help Line

07808 863 662 (Thursdays from 6.00pm—8.00pm)

If you are a boy or young man up to the age of 25 years old and want to talk to someone in confidence about grooming, on-line safety, safe relationships and sexual exploitation, you can phone or text this helpline and Blast will phone you back. You can also contact staff through the Blast Project website www.mesmac.co.uk/blast

Chat to Blast on-line by adding them on

Facebook www.facebook.com/blastproject

Missing People Runaway Helpline

0808 800 7070 or 116 000 (calls free on mobiles)

A 24/7 confidential helpline and advice service for young people who have run away from home or from Care, or who have been forced to leave. More information on their website www.missingpeople.org.uk/ on calling, texting and emailing.

SEXUAL HEALTH SERVICES

Nottingham University Hospitals (NUH)

Sexual Health Services - 0115 883 9000

Offers Contraception, Emergency Contraception, Pregnancy Testing, STI Screening, Treatment & Free Condoms.

Nottingham University Hospitals (NUH) Sexual Health Services for Young People - 0115 883 9054

Offers Contraception, Emergency Contraception, Pregnancy Testing, STI Screening, Treatment and Free Condoms for young people aged up to 25 in Young People- friendly local venues.

Nottingham University Hospitals (NUH) GUM Services

(Genito-Urinary Medicine)

Nottingham City Hospital - 0115 962 7744

A confidential service providing specialist information, advice, counselling, testing and treatment for sexually transmitted infections (STIs).

Topaz Centre (Sexual Assault Referral Centre) - 0845 600 1588

The Topaz Centre provides a sensitive and dedicated service for victims of rape and serious sexual assault within Nottinghamshire.

Mansfield GUM (Genito-Urinary Medicine)

Kings Mill Hospital - 01623 672 260

A confidential service providing specialist information, advice, counselling, testing and treatment for sexually transmitted infections (STIs).

Nottinghamshire Contraception & Sexual Health Service (CASH)

Offers Contraception, Emergency Contraception, Pregnancy Testing, STI Screening & Free Condoms in the following areas:

Mansfield/Ashfield/Newark & Sherwood - 01623 848802

Broxtowe/Gedling/Rushcliffe - 0115 883 9000

Bassetlaw - 01909 506 418