



PARENT & CHILD SENSORY GROUP

Why come along?

To be part of an inclusive and supportive group where you can learn about sensory play, share experiences with other parents, and most importantly have fun with your child.

Allison Lindley: Level 3 BUSS practitioner in training, certified Theraplay Practitioner

Sharon Saunders: Experienced Theraplay Practitioner (enrolled in the Theraplay Practicum) and Family Support Worker

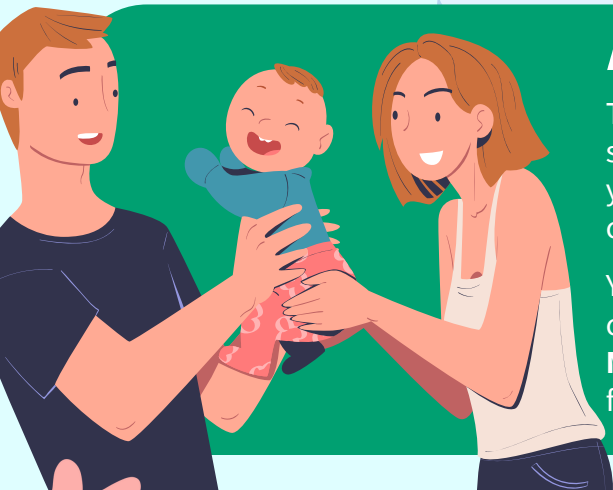
Lynne Burns: Experienced adopter providing peer support



Aim of the sessions

The intervention is designed to help you build your children's sensory systems at home. This programme aims to empower you with the skills and knowledge needed to support your child's sensory development effectively.

Your family social worker will need to complete a commissioning form to secure your place. Please contact MDT@adoptioneastmidlands.nottscc.gov.uk to request a form to be sent to your social worker.



In person sessions

You will receive five in-person sessions, each design to provide valuable insight about the role of sensory play and regulation. It's also includes information on child's sensory systems, and the importance of early motor development.

1. Tuesday 4th November
2. Tuesday 11th November
3. Tuesday 18th November
4. Tuesday 25th November
5. Tuesday 2nd December

We will be holding two sessions during school hours. Based on your child's needs and age, they will be assigned to one of the two groups.



Virtual sessions

To ensure you have all the information you need to get the most of our each session, we will provide virtual check-ins, as well as a 1:1 consultation to create a sensory menu for your child and review your goals.

Introductory session: Tuesday 14th October

One-hour 1:1 session: Tuesday 9th or 16th December

**A mid-way check-in virtual session will be arranged*



BOOK NOW